

Catering

With over 20 years of experience, our staff will create an event that makes you shine! We offer catering menu selections featuring fresh organically grown produce, pick-up/delivery and full service catering by our professional staff.

We specialize in providing catering for all occasions serving the fresh, delicious, and finest cuisine our customers expect but with an catering menu that surprises our regular Girard Gourmet customers. Add a special touch with birthday cakes, wedding cakes, and our famous designer cookies.

We specialize in catering the following events:

- Cocktail Parties
- Showers
- Dinner Parties
- High Tea
- Fund-raisers
- Bridal and Wedding Showers
- Memorial Services
- Graduations
- Picnics
- Birthday Parties
- Anniversary Parties

The most successful parties and events are a collaboration of your ideas and our expertise. We are always open to new menu possibilities as well as ethnic specialties such as French, Mexican, Italian or Pacific fusion.

Business Catering

Our goal is to make your meetings successful and effortless whether it's an in-house staff meeting or a sales meeting with your clients.

Our business catering menu include fresh organically grown produce, pick-up/delivery and full service catering by our professional staff.

Many customers order "a la carte" from our set menu. Others prefer to create menus appropriate for their meetings and clientele

Desserts & Cakes

Wedding Cake prices vary. Decorations on all cakes are extra.

	(6-8p)	(10-16p)
Chocolate Mousse Cake	25.00	40.00
Hazelnut Mousse Cake	25.00	40.00
Lemon Mousse Cake	25.00	40.00
Black Forest Cake.	28.00	45.00
Carrot Cake	25.00	35.00
Princess Cake	32.00	45.00
Ginger Pound Cake	3.00	15.00
Apple Tarts		22.00
Mixed Fruit Tarts		25.00
Vanilla Cheese Cake		22.00
Apple Caramel Cheese Cake		22.00
Chocolate Cheese Cake		22.00
Raspberry Cheese Cake		22.00
Per Slice		5.00

TESTIMONIALS

"Upscale home-style hot food, salads and sandwiches served deli-style."

~ AVR Los Angeles from tripadvisor.com

"We had lunch here and the salad and pasta were really good. You don't have to spend a fortune to have great food and great company in La Jolla; cool place."

~ tkmanthor from tripadvisor.com

"(Un)fortunately for me I found this place my last evening in La Jolla. After 3 days of paying for overpriced, stuff and nothing special meals, I found Girard Gourmet. Super fresh, healthy, comfort food. Definitely recommend."

~ fridayo621 from tripadvisor.com

Girard Gourmet

7837 Girard Avenue, La Jolla, CA 92037

(858) 454-3325

Fax: (858) 454-2325

E-mail: diana@girardgourmet.com

Visit us at www.girardgourmet.com

GIRARD

GOURMET



7837 Girard Avenue,
La Jolla, CA 92037
(858) 454-3325

**"FROM OUR GARDEN
TO YOUR PLATE"**

24 Years in La Jolla

European Bakery & Deli

Breakfast · Lunch · Dinner

Full Service Catering

*Specialty Cookies for all
Occasions*

TAKE-OUT MENU

Hours:

Monday - Saturday 7:00 am - 8:00pm
Sunday 7:00 am - 7:00pm

To order, contact

Phone: 858-454-3325

Fax: 858-454-2325

E-mail: diana@girardgourmet.com

Visit us at www.girardgourmet.com

Follow us on Facebook

Bakery Items

CROISSANTS		MUFFINS	2.75
Almond	3.00	Blueberry	
Apple	3.00	Carrot	
Apple Strudel	3.00	Cherry Nut	
Butter	2.25	Chocolate Chip	
Chocolate	3.00	Cranberry	
Cinnamon/Nut	3.00	Mandarin Orange	
Cinnamon/Raisin	3.00	Apple Bran	
Fruit Danish	3.50	Banana Bran	
Ham & Cheese	4.00	Blueberry Bran	
Spinach & Cheese	4.00	Garden (zucchini, carrot, apple)	

BREADS		COOKIES	
French/Italian (Loaf)	3.00	Almond Square	2.00
Eight Grain (Loaf)	4.25	Brownie	1.75
Herbes de Provence	4.00	Chocolate Chip	1.50
		Cowboy	1.75
RUGULACH	1.25	Double Fudge	1.75
Apricot		Honey Oat Raisin	1.50
Chocolate Chip		Peanut Butter	1.50
Raspberry		Linzer Heart	3.00

Breakfast

Sandwiches:			
Egg	4.25	Toast & Jam	2.00
Egg & Cheese	5.00	Continental	6.95
Egg, Ham & Cheese	5.75	Granola Parfait	5.75
Special:			
Scrambled Eggs, Potato Pancake, Fruit Salad and Toast			7.50

Sandwiches

* With all sandwiches you may choose mayonnaise, mustard, lettuce, tomato or sprouts.

Served on Eight Grain or French Italian bread.

Bacon, Lettuce, and Tomato	7.25
Cheese	6.25
Chicken Salad	7.95
Chicken Curry w/Almonds, Chutney, & Beets	8.50
Eggplant, Pesto & Cheese	7.95
Ham and Cheese	7.75
Pastrami and Cheese	7.75
Pate - Country or Duck Mouse	8.50
Roast Beef	8.25
Roast Turkey, Cheese and Avocado	7.75
Salami and Cheese	7.75
Smoked Salmon w/Cream Cheese & Capers	8.75
Tuna Salad	7.75
Vegetarian	8.25
Grilled Ham & Cheese or Tuna Melt	8.50
Grilled Roast Beef, Red Peppers, & Cheese	8.50
Ivanovsky	9.00
EXTRAS (Avocado, red peppers, bacon, cheese)	
Whole	0.75
Half	0.50
Half Sandwich	5.00
Half Veggie, Salmon, or Chicken Curry	5.50

Salad Plates

Served on a bed of greens with tomatoes, sprouts & a side of Italian or Eight Grain bread.

Chicken Salad - Tomato, Cucumber and Lettuce	8.50
Chicken Curry Salad - Beets, Almonds, and Chutney	8.50
Tuna Salad - Tomato and Lettuce	7.75
Combination - Your choice of a scoop of any 3 salads on a bed of Lettuce and Tomatoes	8.75
Spinach Salad - Toasted Almonds, Mandarin Oranges and Red Onion	7.75
Greek Salad - Lettuce, Tomatoes, Cucumber, Feta Cheese, Red Onions, and Kalamata Olives	8.50
Chef Salad - Strips of Turkey, Ham, Swiss, Cheddar, and Egg on a Bed of Lettuce with Tomatoes & Dressing	8.50
Cobb Salad - Turkey, Avocado, Blue Cheese, Bacon, Egg, Cucumber, Tomato, and Greens	9.50

Hot Specialties

All Hot Specialties are available To Go & for Catering and are served with GIRARD GOURMET BREAD.
*(Prices may vary for catering) ask about daily specials

Soup of the Day (with Bread)	cup 3.50	bowl 5.50
Cup of Soup & 1/2 Sandwich		7.95
Beef Burgundy with Rice		10.75
Lamb Stew with German Potatoes		12.75
Turkey Stuffed with Broccoli		7.95
Chicken Fajitas with Rice, Avocado & Tortillas		8.95
Lasagna (Meat or Vegetable)		7.75
Ham & Cheese Quiche with Side Salad		7.50
Spinach & Mushroom Quiche with Side Salad		6.50
* a la carte		7.50
Cowboy Quiche (a la carte)		7.50
Roasted Chicken w/Potatoes & Carrots	1/4 7.95	1/2 9.75
Eggplant Stuffed w/Spinach & Cheese		5.50
Roast Duck w/ Rice -	Quarter 9.25	Whole 25.00
Parmesan Chicken Plate		9.50
Salmon Penne Pasta		9.75

On The Side

Cole Slaw		3.00
Fresh Fruit Salad	cup 3.25	bowl 5.50
Fresh Fruit (Whole) Market Price		
German Potatoes (Served Warm)		4.00
Gingered Green Beans		4.50
Green Garden Salad		4.00
Macaroni & Cheese		4.00
Potato Pancake with Sour Cream		3.50
Potato Salad with Dill		3.75
Rice		4.00
Tomato & Cucumber Salad		4.00
Chips	small 1.25	large 3.00
Extra Bread & Butter		0.50

Salad By The Pound

All salads are available to go. Please call in advance for large quantities.

Chicken Salad	9.95
Chicken Curry Salad	10.95
Tuna Salad	8.25
Fruit Bowl	6.95
Tomato & Cucumber	7.25
Potato Dill	6.50
Coleslaw	6.00
Red Peppers & Capers	9.75
Tabbouleh	7.25
Cornucopia Chicken	9.95
Roasted Beets	9.00

Specialty Salads

Pear Cambozola - Toasted pecans, strawberries, poached pears, cambozola cheese, raspberry dressing	9.50
Beet salad - Beet, toasted walnuts, goat cheese, balsamic vinaigrette dressing	
Organic Salad - Cranberries, walnuts, blue cheese, orange dressing	
Cobb Salad - Avocado, bacon, turkey, egg, tomato, cucumber and blue cheese	

Beverages

Coffee, Decaf	1.50
Cappuccino or Café Latte	2.95
Cappuccino Double or Latte Double	3.75
Espresso	2.25
Café au Lait	2.50
Café Mocha	3.75
Hot Tea	1.75
Freshly Brewed Iced Tea	1.75
Hot Chocolate	2.50
Milk (Whole or Skim)	1.50
Chocolate Milk	1.50
Freshly Squeezed Orange Juice	3.50
Freshly Squeezed Lemonade	2.50
Sparkling Water	1.75
Snapple	1.75
Knudsen Juices:	1.75
Papaya, Cranberry, Grapefruit, Vegetable	1.75
Orangina	2.25
Naked Juice	3.95
Soft Drinks	
Coke, Diet Coke, Sprite, Orange, Root Beer	1.50
Evian	1.50
Fiji	2.00

Prices effective 4/11/2011.
Subject to change without notice.